

2019 Crystal Classic “March Meltdown” Invitational

Hosted by American Gold Gymnastics

AGG High School Training Center/Fargo South High School “Bruin Den” – Fargo, ND

Friday, March 8th

All Friday Sessions to be held in AGG High School Training Center

Enter through South Doors of Sports Arena – 2001 17th Ave. S, Fargo

Doors open at 7:30am

Session 1: JO Boys (44 Athletes)

Modified Traditional Format – 3 Judges, 3 Events at a Time

American Gold (7), Power & Grace (1), Red River Valley (11), Thunder Bay (5), TNT (11), Winnipeg (9)

8:00am Open Stretch
8:20am March-In, Introductions & Anthem
8:30am Warm-Up/Competition Begins
12:30pm Awards (Competition Gym)

Session 2: Xcel Bronze (67 Athletes)

Modified Traditional Format – 4 Judges, 4 Events at a Time

All American (18), American Gold (8), Grand Rapids (11), Red River Valley (7), Thunder Bay (2), TNT (18), Winnipeg (3)

2:00pm Open Stretch
2:20pm March-In & Introductions
2:30pm Warm-Up/Competition Begins
4:15pm Awards (Competition Gym)

Session 3: Xcel Gold & Platinum (64 Athletes)

Modified Traditional Format – 4 Judges, 4 Events at a Time

***Xcel Gold (49):** All American (5), American Gold (7), Grand Rapids (6), Bemidji Aerials (3), Jamestown (3), Red River Valley (7), Thunder Bay (4), TNT (14)*

***Xcel Platinum(15):** All American (3), American Gold (1), Jamestown (1), Red River Valley (1), TNT (9)*

5:00pm Open Stretch
5:20pm March-In & Introductions
5:30pm Warm-Up/Competition Begins
9:15pm Awards (Competition Gym)

2019 Crystal Classic "March Meltdown" Invitational

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AGG High School Training Center/Fargo South High School "Bruin Den" – Fargo, ND

Saturday, March 9th

All Saturday/Sunday Sessions to be held in FSHS "Bruin Den"

Enter through North Doors of High School – 1840 15th Ave. S

Doors open at 7:30am

Session 4: Xcel Silver (72 Athletes)

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

All American (12), American Gold (7), Grand Rapids (7), Bemidji Aerials (12), Jamestown (5), Red River Valley (10), Thunder Bay (5), TNT (14)

8:00am Open Stretch
8:20am March-In & Introductions
8:30am Warm-Up/Competition Begins
11:00am Awards (Auxiliary Gym)

Session 5: JO Level 6 (76 Athletes)

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

All American (4), American Gold (5), Bismarck (10), Country Twisters (4), Crescentwood (1), Dakota Gold (4), Dakota Star (2), Jamestown (3), Panthers (10), PRYD (9), Red Rivery Valley (5), Thunder Bay (7), Winnipeg (10)

11:00am Open Stretch
11:20am March-In & Introductions
11:30am Warm-Up/Competition Begins
2:30pm Awards (Auxiliary Gym)

Session 6: JO Levels 7 & 9 (62 Athletes)

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

Level 7 (40): *All American (7), American Gold (8), Bismarck (1), Country Twisters (3), Dakota Gold (3), Bemidji Aerials (1), Gymagic (1), Jamestown (3), Panthers (5), PRYD (2), Red River Valley (1), TNT (3), Winnipeg (2)*

Level 9 (22): *All American (6), American Gold (7), Country Twisters (3), Dakota Gold (3), PRYD (1), TNT (1), Winnipeg (1)*

2:30pm Open Stretch
2:50pm March-In & Introductions
3:00pm Warm-Up/Competition Begins
6:00pm Awards (Auxiliary Gym)

Session 7: JO Levels 8 & 10, Xcel Diamond (51 Athletes)

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

Level 8 (33): *All American (5), American Gold (6), Bismarck (3), Country Twisters (4), Jamestown (1), Panthers (4), PRYD (3), Red River Valley (3), Thunder Bay (1), TNT (3)*

Level 10 (13): *All American (7), American Gold (5), Country Twisters (1)*

Xcel Diamond (6): *Red River Valley (1), TNT (5)*

6:15pm Open Stretch
6:35pm March-In, Introductions & Anthem
6:45pm Warm-Up/Competition Begins
9:45pm Awards (Auxiliary Gym)

2019 Crystal Classic “March Meltdown” Invitational

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AGG High School Training Center/Fargo South High School “Bruin Den” – Fargo, ND

Sunday, March 10th

All Saturday/Sunday Sessions to be held in FSHS “Bruin Den”

Enter through North Doors of High School – 1840 15th Ave. S

Doors open at 7:30am

Session 8: Levels 4 & 5 (65 Athletes)

Level 4 Team Awards to Follow Session 9

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

Level 4 (43): Country Twisters (6), Crescentwood (5), Dakota Gold (15), Dakota Star (1), PRYD (6), Three Rivers (3), Thunder Bay (5), Winnipeg (2)

Level 5 (22): All American (7), American Gold (5), Gymagic (2), Jamestown (3), Red River Valley (1), TNT (4)

8:00am Open Stretch
8:20am March-In & Introductions
8:30am Warm-Up/Competition Begins
11:15am Awards (Auxiliary Gym)

Session 9: JO Level 4 (67 Athletes)

Modified Capital Cup Format – 8 Judges, 4 Events at a Time

All American (13), American Gold (12), Gymagic (7), Jamestown (8), Red River Valley (4), TNT (14), Grand Rapids (9)

11:15am Open Stretch
11:35am March-In & Introductions
11:45am Warm-Up/Competition Begins
2:30pm Awards (Auxiliary Gym)

Session 10: JO Level 3 (92 Athletes)

Level 3 Team Awards to Follow Session 11

Modified Capital Cup Format – 4 Judges, 4 Events at a Time

Winnipeg (8), Gymagic (9), Grand Rapids (7), Dakota Gold (18), Crescentwood (13), All American (24), Dakota Star (13)

2:30pm Open Stretch
2:50pm March-In & Introductions
3:00pm Warm-Up/Competition Begins
5:45pm Awards (Auxiliary Gym)

Session 11: JO Level 3 (71 Athletes)

Modified Capital Cup Format – 4 Judges, 4 Events at a Time

American Gold (17), James River (6), Jamestown (10), PRYD (7), Red River Valley (16), Three Rivers (4), TNT (11)

5:45pm Open Stretch
6:05pm March-In, Introductions & Anthem
6:15pm Warm-Up/Competition Begins
8:30pm Awards (Auxiliary Gym)